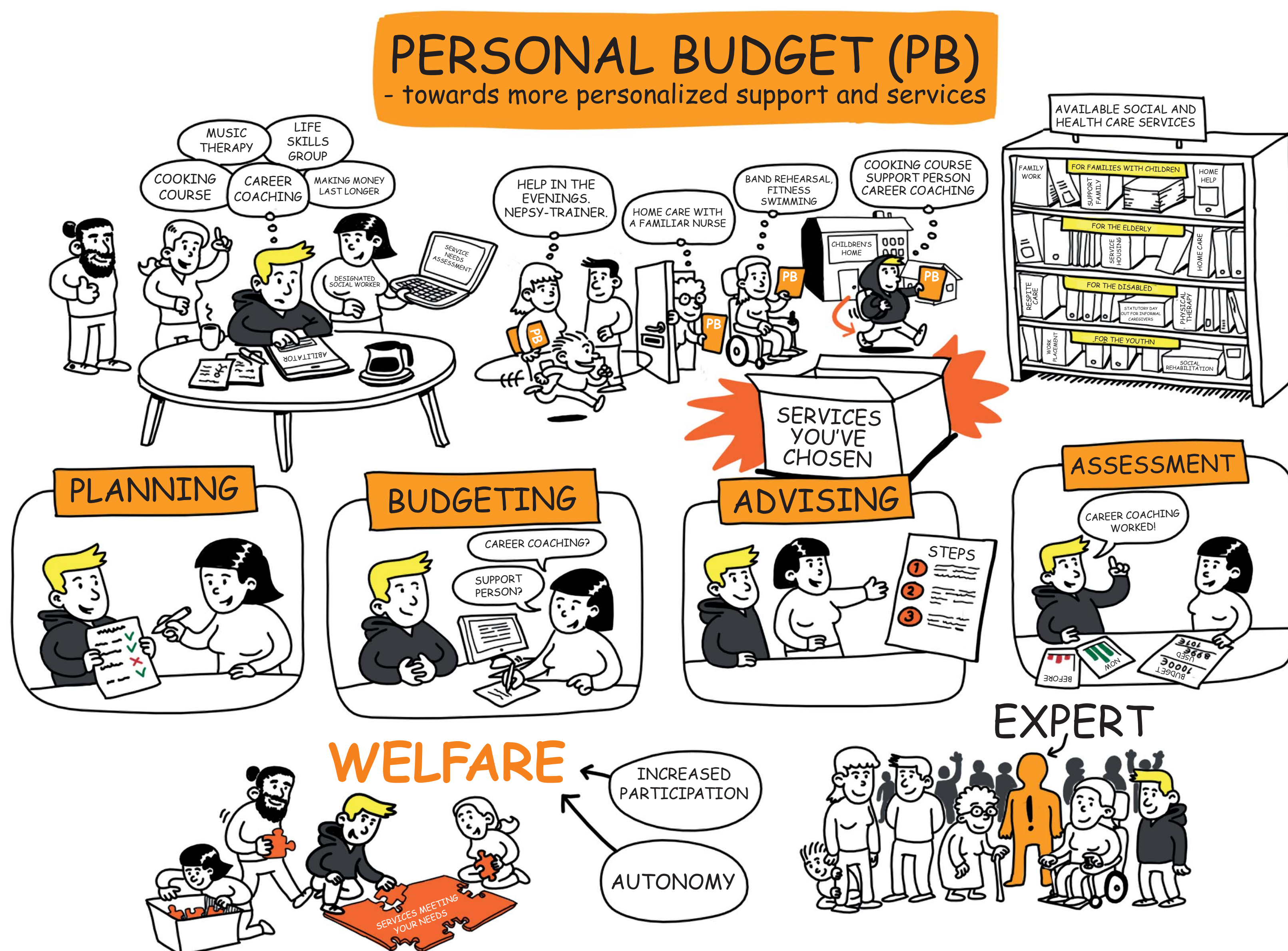


# Personal Budgeting (PB)

- The key to the citizenship in Finland project (2016-2019)



The Personal Budgeting (PB) project supports the development of freedom of choice within Healthcare and Social Welfare Reform.

When a person participates in personal budgeting it means the focus is on promoting the agency, empowerment and strengthening of self-confidence. Participation of the service user within their peer and local communities and close ones increase. When services are understandable, tailor made, manageable and available for client, they reduces the risk of exclusion and are cost effective.

## Purposes

The aim of the project is to answer to the following questions:

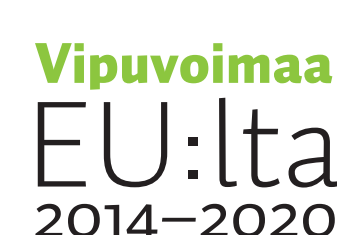
- If the resources spent on services are used so that it is the service user who makes the decision (PB model), what will the consequences be on the person's well-being, functioning and participation?
- What are the services, work methods and costs compared to the traditional operating model?
- What are the prerequisites for the PB model to be introduced and implemented in Finland?

## Partnership in the project and methods of producing material

Personal Budgeting model as a part of practical work consist of six municipalities in Finland in co-operation with three Universities of Applied Sciences, different companies and NGOs. The empirical material is collected in different ways from clients, workers as superiors and from organizations and municipalities.

## Some preliminary results

There have been persons who have dropped out of the services. In these cases some special services have handled by the help of personal budgeting. This has led to increased well-being of the service users. For instance, a person with neurological symptom has received a personal supporter, with whom the person has managed to go outside and meet other people.



**Personal Budgeting**  
The key to the citizenship